## FRED- FAMILIES READING EVERY DAY **IDALOU ELEMENTARY SCHOOL**



### **Program Brief**



#### **Program Description**

Families Reading Every Day, or "FRED" as we like to call it, is a 4week FREE reading program where you focus on reading together as a family. Learning to read and write are skills that are essential to a child's success in school and later life. According to many experts, the single most important activity that parents can do to help their children acquire essential literacy skills is to read aloud to them on a frequent basis. Reading aloud to children is a simple, yet powerful, activity that has been shown to improve children's literacy development across a variety of domains, including vocabulary growth, print awareness, enjoyment of reading, and writing abilities. Texas A & M AgriLife Extension partnered with Idalou Elementary to school to bring the FRED- Families Reading Every Day program to provide a fun incentive for families to read together. FRED is a fun and effective way to strengthen family bonds and promote literacy development by encouraging families to focus on reading together. The goal is 15 minutes a day for the first 2 weeks, and the 30 minutes the next two weeks. The program targeted the 412 students at Idalou Elementary and their families.



#### **Reaching Every Texan**

FRED is a fun and effective way to strengthen family bonds and promote literacy development by encouraging families to focus on reading together. The FRED program is for adults with kids of all ages! All it takes is a commitment to spend time reading together.

#### **CHECK OUT IDALOU:**



11, 751 Minutes of families reading together



59 Families committing to the challenge



**1278** books read during the challenge together at home

2024

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# FRED-FAMILIES READING TOGETHER EVERYDAY



## **IDALOU ELEMENTARY**



- digital daily reading logs of the number of books and time you read together as a family
- Educational handouts about reading science and helpful tips for creating a habit of reading together.
- · free books to students
- incentives
- Teacher guide
- Parent guide

## Parent survey results:

Increase family members' (fathers, mothers, adult-care givers) involvement in their children's literacy development.

Enhanced quality and quantity of time family members spend with their children.

Improve the overall quality of parent-child relationship.

Establish an enduring reading habit between family members and their children.



## "Today a reader, tomorrow a leader"-Margaret Fuller





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