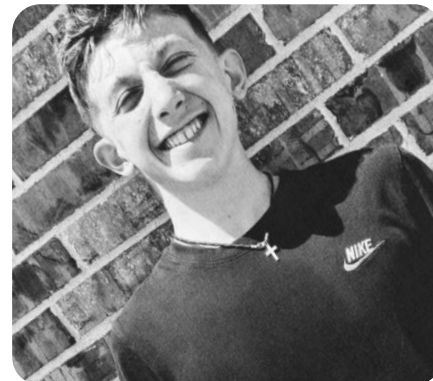


THE HUB

Monthly Newsletter following Urban Youth Development in Lubbock County. Highlighting activities, spotlighting youth leaders, developing youth through curriculum and raising awareness.

Youth Spotlight



Youth Spotlight

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Community Spotlight

"Everything runs through Lubbock.."
 -Joey McGuire

LET THE GOOD TIMES ROLL...

A message from Amber Bozeman
 Extension Agent-Urban Youth Development

Hi, There!!
 I am Amber!



I am farmer's wife,
 mother, Lubbockite, and
 extension agent!

Come join the fun! This summer AgriLife Extension from Lubbock County will be out at the South Plains Food Bank Grin farm! It's going to be big time! Come out and learn about all about gardening and healthy food!



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GROWING UP IN LUBBOCK COUNTY

youth spotlight



By Stone Beach

(Shallowater High School and Lubbock County 4H)

Howdy my name is Stone Beach from Shallowater, where I will be entering my senior year of high school. Living in the South Plains and Lubbock County has been a huge blessing in my life. From the sunrises and sunsets (to even the windy days) Lubbock has truly been a great place to live. I have been able to find my passion in the Agricultural industry due to the genuine kindness of the people in our community and around Lubbock. These are the individuals that have helped mold my passion for agriculture. The support and eagerness to share about their livelihoods has been phenomenal. From farmers to cattle ranchers, and especially Texas Tech professors, teachers and other industry leaders there is always a helping hand along the way. It feels like everyone in Lubbock is willing to help you with what you love. Growing up showing livestock and being involved in Lubbock County 4-H through livestock projects, meat judging, soil judging and public speaking has made me crave more knowledge in Animal Science and the agriculture industry in general. I can't wait to see how this thirst for knowledge progresses over the next year and leads into a collegiate education and agricultural career. With all the people in my corner, I would be remiss without mentioning how much my faith has impacted who I am today. My church family means the world to me and gives me the strength and courage to follow my passions. No matter what my future holds, I plan on returning to Lubbock and working to pay it forward and help develop the next generation of agriculturalists.



"It feels like everyone in Lubbock is willing to help you with what you love."



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LEADERSHIP

Youth Spotlight





LEADERSHIP

COMMUNITY SERVICE EVENTS

JOIN OUR AMAZING TEAM!

We're looking for young visionaries interested in working with us to make our world a better place. We are looking for current 9th through 12th graders who live in Lubbock County who want opportunities to expand their community serve experience. Learn leadership skills while helping others and developing community service projects. Scan the code below to apply.





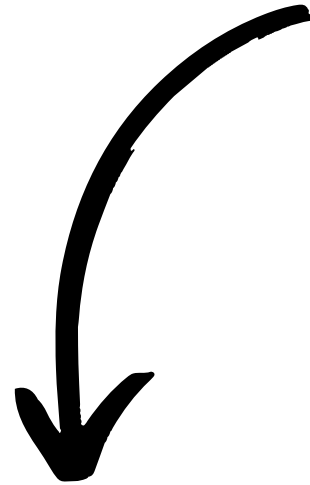
College consider numerous factors when assessing applications, including the ways in which students give back to their community. In one survey of college admissions officers, 58 percent of respondents said community service positively impacted a student's chance of being accepted.

Hi! I am Blaze Bozeman, and I am a founding member of The HUB leadership and community service team. We aim to connect youth, like me with leadership and community service opportunities. I founded this group because I know lots of teens like me, want to help but don't know how or where to start! I really enjoy helping people and I am excited this summer to help teach leadership skills with Project Grub, serve at Heritage House and help with the community garden at The South Plains Food Bank Grub Farm! In June, as a team, we will collect hygiene items for HubCity Outreach! Scan the code above or contact the extension office if you want to join us!

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Community Service Spotlight



We cannot expect children/teens to learn
if they're not being cared for on the basic levels.
Maslow's Hierarchy of Needs summarizes why we selected our Services.
Everything starts with basic necessities to survive and learn: Air, Food,
Water, Clothing, Sleep, Shelter, Reproduction and Support.
link below to help

www.hubcityoutreachcenter.org

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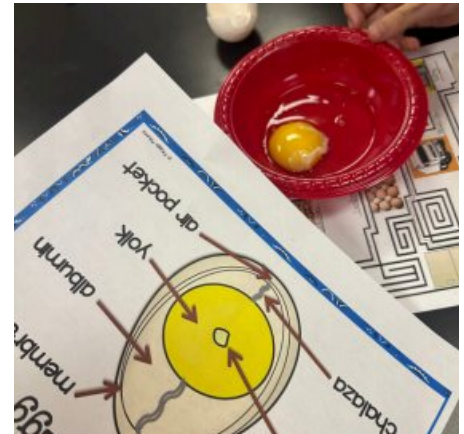
CURRICULUM SPOTLIGHT

Ag in the Bag!



“AG in a Bag” is a free curriculum enrichment program that teaches Lubbock County youth about how agriculture provides for their everyday life. In April, Agent Bozeman was able to present “Ag in Bag” at Preston Smith Elementary. Agent Bozeman provided hands-on learning experiences about chickens and egg production.

Participants learn how eggs’ journey from the farm to the store, the parts of an egg, and about different kinds of poultry production farms. Contact the extension office for more information about this program!



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Youth Development Spotlight

Resume Writing Basics

How to Write a Resume

Get resume advice.

Choose the right font and size.

Aa

Aa

Aa




Proof your resume.



Review resume examples.



 the balance



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Youth Development Spotlight

Awareness Spotlight

THE FACTS ABOUT FENTANYL

FENTANYL FACTS

Fentanyl is a synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. It is a major contributor to fatal and nonfatal overdoses in the U.S.¹

Fentanyl is a synthetic opioid that is up to

50x stronger than heroin **100x** stronger than morphine

There are two types of fentanyl: pharmaceutical fentanyl and illicitly manufactured fentanyl. Both are considered synthetic opioids. Pharmaceutical fentanyl is prescribed by doctors to treat severe pain, especially after surgery and for advanced-stage cancer. However, most recent cases of fentanyl-related overdose are linked to illicitly manufactured fentanyl, which is distributed through illegal drug markets for its heroin-like effect. It is often added to other drugs because of its extreme potency, which makes drugs cheaper, more powerful, more addictive, and more dangerous.

ILLICITLY MANUFACTURED FENTANYL

Illicitly manufactured fentanyl (IMF) is available on the drug market in different forms, including liquid and powder¹. Fentanyl-laced drugs are extremely dangerous, and many people may be unaware that their drugs are laced with fentanyl.



Powdered fentanyl looks just like many other drugs. It is commonly mixed with drugs like heroin, cocaine, and methamphetamine and made into pills that are made to resemble other prescription opioids.

Street Names for Fentanyl

- Apache
- Dance Fever
- Friend
- Goodfellas
- Jackpot
- Murder 8
- Tango & Cash¹



In its **liquid form**, IMF can be found in nasal sprays, eye drops, or dropped onto paper like small candies.

DRUGS DO NOT COME WITH

AN INGREDIENTS LIST.

MANY CONTAIN DEADLY

DOSES OF FENTANYL.

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"Fentanyl is taking a
whole generation of
brilliant minds."

— Stefanie, who lost her son Tucker to deadly fentanyl

OnePillKillsTX.com



More Information...

The One Pill Can Kill campaign encourages the use of social media to help raise public awareness of a significant nationwide surge in counterfeit pills that are mass-produced in labs, deceptively marketed as legitimate, and are killing Americans at an unprecedented rate. Additionally, Agent Bozeman can provide in person educational presentations about fentanyl and connect Lubbock County schools and organizations with Watch UR BAC. Texas A&M AgriLife Extension Service, through a grant from the Texas Department of Transportation (TxDOT), has a campaign, Watch UR BAC, to teach Texans about the dangers of alcohol and other drugs misuse—including binge drinking, the understanding of alcohol poisoning as well as the dangers of impaired driving. The Watch UR BAC program is a free resource to Texas community groups, faith-based organizations, schools, and businesses. Watch UR BAC is an awareness campaign that refers to blood alcohol concentration (BAC) which is used as a measure of the degree of intoxication of an individual. Binge drinking is a continuing problem in Texas, and most who binge drink do not know the amount and effects of the alcohol they are consuming. Contact Agent Bozeman at the extension office for more information.

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↪ Around Lubbock



JOIN US FOR

CULTIVATE, COOK, & CREATE

**A SUMMER YOUTH PROGRAM TO LEARN HOW TO
GROW, PREPARE, AND CREATE YOUR OWN FOOD**



**EVERY
WEDNESDAY**
10:00 AM - 11:30 AM
6/12/24 TO 8/7/24
SOUTH PLAINS FOOD
BANK GRUB FARM
304 76TH ST.

TEXAS A&M
AGRI LIFE
EXTENSION

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Project Grub is for students from the Lubbock area who are interested in learning leadership skills, college readiness, career readiness, mindful living, personal character development and serving the community through volunteering. Through collaboration with GRUB - GROWING RECRUITS FOR URBAN BUSINESS and a network of partners, Project Hub will find ways to make a meaningful impact in the community. Participants engage in youth-organized meetings, hands-on service projects, and opportunities for leadership. All of these activities work toward creating the next generation of community leaders!



Coming soon...

PODCAST



Contact info:

Amber Bozeman

EXTENSION AGENT
URBAN YOUTH DEVELOPMENT
LUBBOCK COUNTY

(806)775-1740
 Amber.bozeman@ag.tamu.edu
 916 Main St., Suite 401
 Lubbock, Texas

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