

# THE HUB

Monthly Newsletter following Urban Youth Development in Lubbock County. Highlighting activities, spotlighting youth leaders, developing youth through curriculum and raising awareness.

youth Spotlight



youth Spotlight

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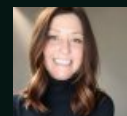
## Community Spotlight

"Everything runs through Lubbock.."  
 -Joey McGuire

## MAY THE 4TH BE WITH YOU...

A message from Amber Bozeman  
 Extension Agent-Urban Youth Development

Hi, There!!  
 I am Amber!



I am farmer's wife,  
 mother, Lubbockite, and  
 extension agent!

As a mom of three sons, bring out the movie popcorn!! This month AgriLife Extension from Lubbock County will be out at the Rocking Resource Roundup. It's going to be big time! Come out and learn about all the community resources available. Don't forget your light saber!!!



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# GROWING UP IN LUBBOCK COUNTY

YOUTH SPOTLIGHT



By Paige Harder  
 (Idalou High School and Lubbock County 4H)

**Lubbock County provides opportunities that are hard to come by elsewhere in our great state. Being the home to Texas Tech University provides youth with opportunities and experiences that would not be possible without TTU literally opening up their doors for learning. It is amazing how the students at Texas Tech are always willing to help train a high school team so that they can become the most successful that they can possibly be. This gives Lubbock County such a competitive advantage because we have the "best of the best" trying their hardest to make local youth successful in various events such as livestock and meat judging. Having several contests being so close in proximity is an advantage as well because it is easier to physically attend more practices and competitions. Less travel requires less resources from the county. Texas Tech opening its doors to Lubbock County youth has made such an impact on my time with 4H and for that I am forever grateful.**

**The experiences I have been granted from being in the Lubbock County 4-H are a once in a lifetime opportunity. An example of that is having the honor of serving on a larger scale as a Texas Youth Livestock Ambassador for the past two years. It is amazing to be able to say I am proud of where I come from. We are always placed on the map as one of the strongest places in 4-H and agriculture. People here truly care about the well-being of the local programs, individuals' successes and failures, and how we can learn and grow from them. It is so special to be able to be mentored under the guidance of the awesome leaders we have, who give their all to make sure area kids truly succeed and are cared about. Lubbock County is one of the greatest places a kid can possibly grow up due to the support, experiences and opportunities that will be provided for them from some amazing leaders that love their kids.**



"People here truly care about the well-being of the local programs, individuals' successes and failures, and how we can learn and grow from them."



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# GROWING UP

## Youth Spotlight

By Tyler Racca



**My name is Tyler Racca and I am a member of Lubbock County 4-H and the Frenship FFA Chapter. I am thankful to have grown up in Lubbock County where I have been supported by so many people in my agricultural endeavors. While in high school I enjoyed raising show pigs and meat judging. My experiences in 4-H and FFA helped me to learn about decision making, public speaking and so many other valuable lessons that I will be able to take with me as I prepare for college. I will be attending Texas Tech University in the fall where I will be participating on the Davis College of Agriculture competitive judging teams. I aspire to a career in agricultural sales one day.**

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## Community Service Spotlight

TEXAS A&M  
AGRI LIFE  
EXTENSION  
Lubbock County Extension  
Office

### PROJECT HUB

COMMUNITY SERVICE  
EVENTS

**JOIN OUR  
AMAZING  
TEAM!**

We're looking for young visionaries interested in working with us to make our world a better place. We are looking for current 9th through 12th graders who live in Lubbock County who want opportunities to expand their community serve experience. Learn leadership skills while helping others and developing community service projects. Scan the code below to apply.

COMING SOON ...



### Interested in serving?

The Lubbock Dream Center programs are heavily dependent on the donation of time from our amazing volunteers. There are many opportunities to volunteer from sacking groceries to pouring a cup of coffee with a smile on your face. Whether it is a few hours, an entire day, or giving your time on a regular basis, there are many opportunities for you or your group to serve!

Please take a few moments to complete the following questionnaire. Once we receive your information, a volunteer coordinator will be in touch soon to discuss the available volunteer opportunities in more detail.

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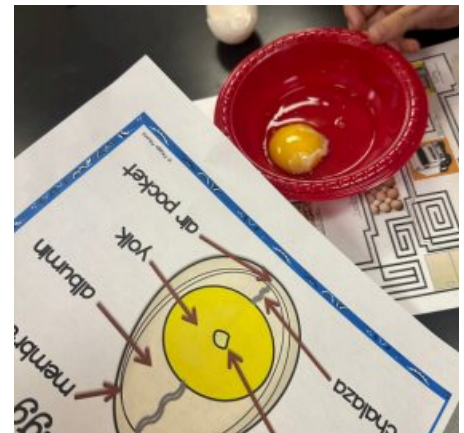
# CURRICULUM SPOTLIGHT

## Ag in the Bag!



**“AG in a Bag” is a free curriculum enrichment program that teaches Lubbock County youth about how agriculture provides for their everyday life. In April, Agent Bozeman was able to present “Ag in Bag” at Preston Smith Elementary. Agent Bozeman provided hands-on learning experiences about chickens and egg production.**

**Participants learn how eggs’ journey from the farm to the store, the parts of an egg, and about different kinds of poultry production farms. Contact the extension office for more information about this program!**



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Youth Development Spotlight

# Resume Writing Basics

## How to Write a Resume

Get resume advice.

Choose the right  
font and size.

Aa

Aa

Aa



Proof your resume.



Review resume examples.



 the balance



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## Youth Development Spotlight

## Awareness Spotlight

# THE FACTS ABOUT FENTANYL

## FENTANYL FACTS

Fentanyl is a synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. It is a major contributor to fatal and nonfatal overdoses in the U.S.<sup>1</sup>

Fentanyl is a synthetic opioid that is up to

**50x** stronger than heroin      **100x** stronger than morphine

There are two types of fentanyl: pharmaceutical fentanyl and illicitly manufactured fentanyl. Both are considered synthetic opioids. Pharmaceutical fentanyl is prescribed by doctors to treat severe pain, especially after surgery and for advanced-stage cancer. However, most recent cases of fentanyl-related overdose are linked to illicitly manufactured fentanyl, which is distributed through illegal drug markets for its heroin-like effect. It is often added to other drugs because of its extreme potency, which makes drugs cheaper, more powerful, more addictive, and more dangerous.

## ILLICITLY MANUFACTURED FENTANYL

Illicitly manufactured fentanyl (IMF) is available on the drug market in different forms, including liquid and powder<sup>1</sup>. Fentanyl-laced drugs are extremely dangerous, and many people may be unaware that their drugs are laced with fentanyl.



**Powdered fentanyl** looks just like many other drugs. It is commonly mixed with drugs like heroin, cocaine, and methamphetamine and made into pills that are made to resemble other prescription opioids.

### Street Names for Fentanyl

- Apache
- Dance Fever
- Friend
- Goodfellas
- Jackpot
- Murder 8
- Tango & Cash<sup>1</sup>



In its **liquid form**, IMF can be found in nasal sprays, eye drops, or dropped onto paper like small candies.

DRUGS DO NOT COME WITH

AN INGREDIENTS LIST.

MANY CONTAIN DEADLY

DOSES OF FENTANYL.

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**"Fentanyl is taking** a  
whole generation of  
brilliant minds."

— Stefanie, who lost her son Tucker to deadly fentanyl

**OnePillKillsTX.com**



## More Information...

**The One Pill Can Kill campaign encourages the use of social media to help raise public awareness of a significant nationwide surge in counterfeit pills that are mass-produced in labs, deceptively marketed as legitimate, and are killing Americans at an unprecedented rate. Additionally, Agent Bozeman can provide in person educational presentations about fentanyl and connect Lubbock County schools and organizations with Watch UR BAC. Texas A&M AgriLife Extension Service, through a grant from the Texas Department of Transportation (TxDOT), has a campaign, Watch UR BAC, to teach Texans about the dangers of alcohol and other drugs misuse—including binge drinking, the understanding of alcohol poisoning as well as the dangers of impaired driving. The Watch UR BAC program is a free resource to Texas community groups, faith-based organizations, schools, and businesses. Watch UR BAC is an awareness campaign that refers to blood alcohol concentration (BAC) which is used as a measure of the degree of intoxication of an individual. Binge drinking is a continuing problem in Texas, and most who binge drink do not know the amount and effects of the alcohol they are consuming. Contact Agent Bozeman at the extension office for more information.**

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# Around Lubbock

**MAY THE 4TH  
BE WITH YOU**

2024

**ROCKING  
RESOURCE  
ROUNDUP**

ALL SPECIAL SERVICE  
STUDENTS AND FAMILIES ARE  
WELCOME

First 200 students will receive a  
FREE book, backpack,  
headphones, and hygiene kit!

Complete this QR code  
form *ONLY* if you need  
transportation to the event:

**Saturday  
May 4th  
9:30-11:30  
\*\*\*Free breakfast**

**Monterey High  
Cafeteria &  
Parking Lot**

**For more info:  
(806) 219-0426**

- Stage performances by LISD student groups
- Lubbock Police, Firemen, and EMS Demonstrations
- Face Painting & Balloon Animals
- Community Resource Booths
- Reptile Demo & Dairy Cows
- Stories, painting, & other activities and demos!

**All students must be accompanied by an adult.**

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Project GRUB is for students from the Lubbock area who are interested in learning leadership skills, college readiness, career readiness, mindful living, personal character development and serving the community through volunteering. Through collaboration with GRUB - GROWING RECRUITS FOR URBAN BUSINESS and a network of partners, Project Hub will find ways to make a meaningful impact in the community. Participants engage in youth-organized meetings, hands-on service projects, and opportunities for leadership. All of these activities work toward creating the next generation of community leaders!



Coming soon...

PODCAST



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 LUBBOCK COUNTY

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