

Storing Leftovers Safely

Refrigerator & Freezer Limits

SOUPS & STEWS

Vegetable or Meat Added

REFRIGERATOR

3-4 days

FREEZER

2-3 months

MEAT LEFTOVERS

Cooked Meat & Meat Dishes

3-4 days

2-3 months

Gravy & Meat Broth

1-2 days

2-3 months

COOKED POULTRY

Fried Chicken

3-4 days

4 months

Cooked Poultry Dishes

3-4 days

4-6 months

Pieces covered w/broth or
gravy

3-4 days

6 months

Chicken Nuggets/Patties

3-4 days

1-3 months

FISH & SHELLFISH

Cooked Fish

3-4 days

4-6 months

STORE PREPARED DELI OR VACUUM PACKED PRODUCTS

Store prepared or homemade
egg, chicken, tuna, ham
or macaroni salad

3-5 days

DON'T FREEZE

STORE COOKED CONVIENCE MEALS

3-4 days

DON'T FREEZE



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Source: <https://www.fda.gov>

Food Storage At Your Fingertips

Food Keeper App

Android: <https://play.google.com>

Apple: <https://itunes.apple.com>

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