

Dimmit County Staff Introduction



Alyssa M. Cruz Agriculture & Natural Resources Agent



Carissa Munoz
Family and Community Health Agent



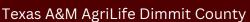
Julieta Leija De Leon Better Living for Texans-Extension Agent

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Agriculture & Natural Resources

Alyssa M. Cruz, CEA-Agriculture & Natural Resources - Dimmit County



County Collaborations

2024 Private Water Well Screening

On October 11, 2023, and April 17, 2024, Texas A&M AgriLife Extension Service of Atascosa, Dimmit, Frio, McMullen, LaSalle, and Zavala Counties hosted a Multi-County Water Well Screening. This gives well owners an opportunity to test for fecal coliform bacteria, nitrate levels, high salinity, and hydrocarbons. We had a total of **72 water samples** and **13** for Dimmit County.



2024 Multi-County Soil Campaign

On November 12, 2023, Texas A&M AgriLife Extension Service of Dimmit, Frio, Kinney, Medina, Uvalde and Zavala Counties hosted a soil testing campaign. A total of **28 soil samples** were collected for Dimmit County. On May 7th AgriLife Extension Specialist Dr. Jake Mowrer provided an educational workshop to inform the participants on sampling techniques and its importance, results interpretation, choosing the right fertilizer, and when and how to apply it.



2023 White-Tailed Deer Mangement

On November 3, 2023, Texas A&M AgriLife Extension Specialist Dr. Jacob Dykes and USDA Dusty Crowe assisted ANR Agent with hosting this educational program. A total of **13 attendees** were educated on deer nutrition and supplemental feeding, predator and habitat management. Two general CEU's were offered to individuals with a pesticide applicator license.



2024 Weed and Brush Management

Texas A&M AgriLife Extension Service of Dimmit County in collaboration with Texas Parks and Wildlife and, USDA-NRCS hosted this workshop on May 30, 2024. A total of **19 attendees** were educated on selecting the right tools for weed/brush control, plant identification, grazing management strategies, and USDA-NRCS EQIP Programs.

2024 Private Pesticide Applicator Training

Texas A&M AgriLife Extension Service in Dimmit County hosted a training on August 29, 2024. The three-hour training gives participants needed information to take the private applicator license test which is administered by the Texas Department of Agriculture. There was a total of **3 individuals** in attendance.







Family & Community Health

Carissa Munoz, CEA-Family & Community Health - Dimmit County



586

Education Contacts were made in Family & Community Health programs in Dimmit County. Participants learned about nutritious meals, chronic disease prevention, stretched food resources, improved food safety practices, and participated in regular physical activity throughout various programs.



Cooking Well for Healthy Blood Pressure

February 2024



LGEG June 2024

Growing and Nourishing Healthy Communities



In March 2024, participants completed the 6-week series and grew over 60 lbs of fruits and vegetables at the Partnership Garden.

Thank you to our partners: Dimmit County Judge & Commissioners and The Dimmit Wellness Coalition

Walk Across Texas!

The Walk Across Texas program is an eightweek community program for adults and youth that encourages regular physical activity. Dimmit County community members participated in a Fall and Spring Challenge October- December 2023 and March-May 2024



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Walk Across Texas miles completed by 14 teams.

Top team of the Spring WAT Challenge.



20Car Seat inspections were conducted





Car Seat Safety

The collaboration between Texas A&M AgriLife Passenger Safety Initiatives, DPS, TXDOT, Dimmit Wellness Coalition, First United Methodist Church, and Texas A&M AgriLife Extension Dimmit County on April 17, 2024, emphasized the importance of proper child safety seat usage. This initiative aims to reduce the risk of injury and death, leading to significant economic benefits. The total economic impact for the Dimmit County Inspections in 2024 is estimated at \$32,618.

4-H & Youth Development

Alyssa Cruz, CEA-Agriculture & Natural Resources - Dimmit County



Dimmit County Livestock Projects

110 Youth Enrolled in livestock projects
80 members participated at the Dimmit County Jr. Livestock Show
22 members participated in county livestock clinics
The county livestock auction brought in over \$400,000
11 members participated in Texas Major Livestock shows





Shooting Sports Project

25 Youth Enrolled in Shooting Sports 3 members competed at the District 12 Archery competition 5 members competed at the District 12 Rifle Competition 13 members competed in the District 12 Postal League Competition 4 members participated in the 4-H State Postal League competition

Food & Nutrition Project

20 members enrolled in Food and Nutrition project
17 members participated in 3 workshops by FCH Agent
3 members received the High Point winner award
4 members competed at the District 12 Food Show
Contest where they placed 1st, 3rd, 3rd, and 4th in their categories.



Dimmit County 4-H Clubs, led by dedicated adult volunteers and County Extension Agents, actively engaged in community outreach and service projects throughout the year. These monthly events offered club members invaluable opportunities to recruit new youth, refine their communication skills, and develop essential leadership qualities.

Community Service Events:

Toy Drive Canned Food Drive National Night Out

4-H Program Overview:

129 Youth Enrolled
20 Clover Kids
14 Adult Volunteers
4-H Parent/Leaders Association provided over
\$2,000 in Scholarships



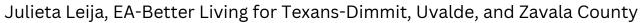
Projects offered:

Fashion & Interior Design
Food & Nutrition
Livestock
Photography
Shooting Sports





Better Living for Texans





Earth Day- Carrizo Springs Elementary

Dimmit County AgriLife agents collaborated to deliver an engaging lesson from the Learn, Grow, Eat, and Go curriculum to first-grade students at Carrizo Springs Elementary School. The 49 students had the opportunity to discover the nutritional benefits of tomatoes, taste different varieties of tomatoes, and participate in a hands-on activity on paper towel gardening. During the lesson, they germinated tomato seeds and were thrilled to take them home to plant in their own gardens. It was a fun and informative experience that sparked the students' interest in gardening and healthy eating.



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Learn, Grow, Eat, and Go

The FCH and BLT agent hosted the program, Learn Grow Eat & GO! at Dimmit County Public Library Summer Program. This was a series that combines plant and garden learning, food exposure, brain & body-boosting physical activities, and novel parental/school community engagement. Students learned about plants, what they need to grow, how plants provide for our needs and how a class can work together to provide for the garden. The class also tasted the nutrient-dense food, together students described the sensory experience of sampling fresh fruits and vegetables and classroom friendly Garden Kitchen Recipes.

