



# **Fashion Show Promote Texas Fibers & Upcycle Your Style**

**Entry Deadline: March 6, 2026**

**County Contest: Week of March 16, 2026\***

**District 3 Contest: April 11, 2026**

**Archer City (Afternoon Contests)**

**To Register: Call 940-659-1228**

**\*Palo Pinto County 4-H will be able to advance one entry per category for each age group to the District 3 4-H Fashion Show & Natural Fibers Contest.**

**If Palo Pinto County 4-H has more than one member per category in an age group then a county level contest will be held the during the week of March 16th..**

## The Palo Pinto County 4-H Fashion & Interior Design Contests will follow the District 3 Guidelines.

Seniors advancing to the state contest will need to review required information due for the State 4-H Fashion Show which will be different from the information required for the District Fashion Show. They are also responsible for the required photos for the state information. Fashion Show information can be found at: <https://texas4-h.tamu.edu/projects/fashion-interior-design/>

### General Rules and Guidelines

**OVERVIEW, OBJECTIVES, PURPOSE:** To recognize 4-H members who have completed a fashion and interior design project. The following objectives are taught in the fashion and interior design project: knowledge of fibers and fabrics, wardrobe selection, clothing construction, comparison shopping, fashion interpretation, understanding of style, good grooming, poise in front of others, and personal presentation skills. The purpose of the Fashion Show is to provide an opportunity for 4-H members to exhibit the skills learned in their project work. It also provides members with an opportunity to increase their personal presentation skills.

### ELIGIBILITY GUIDELINES

- Membership:** Participants must be 4-H members currently enrolled in a Texas 4-H and Youth Development county program and actively participating in the Fashion & Interior Design project.
- Age Divisions:** Age divisions are determined by a participant's grade as of August 31, 2025, as follows:

| <u>Division</u> | Grades         |   |
|-----------------|----------------|---|
| Junior          | 3*, 4, or 5    | <i>*Must be at least 8 years old</i>        |
| Intermediate    | 6, 7, or 8     |   |
| Senior          | 9, 10, 11, 12* | <i>*Must not be older than 18 years old</i> |

- EVENTS:** There are four (4) events conducted at the District Fashion Show:
  - Construction:** Three (3) age divisions (Junior, Intermediate, Senior)
  - Buying:** Three (3) age divisions (Junior, Intermediate, Senior)
  - Promote Texas Fibers:** Three (3) age divisions (Junior, Intermediate, Senior)
  - Upcycle Your Style:** Three (3) age divisions (Junior, Intermediate, Senior)



NEW

## D3 4-H FASHION & INTERIOR DESIGN EVENTS



The 4-H member must choose a division and category at the county level. The entry worn at county must be the entry worn at district and state. Accessories such as shoes, jewelry, hats, gloves, and scarves may be changed, but changes must be included in the paperwork. The appropriate garment category should be determined by the style, fabric, and use of garment. No one may change the division or category between district and state contests.

4. **ONLY ONE ENTRY: Participants may enter ONLY one entry.**

- **Construction:** Three (3) age divisions (Junior, Intermediate, Senior)
- **Buying:** Three (3) age divisions (Junior, Intermediate, Senior)
- **Promote Texas Fibers:** Three (3) age divisions (Junior, Intermediate, Senior)
- **Upcycle Your Style:** Three (3) age divisions (Junior, Intermediate, Senior)

5. **QUALIFYING FOR STATE: Only Senior 4-H members are eligible to advance to state.**

- **Construction Division:** The district will send one (1) contestant from each of the four (4) categories in the (Everyday Living, Refashion, Semi-Formal to Formal, and Theatre/Costume).
- **Buying Division:** The district will send one (1) contestant from each of the four (4) categories in the (Business/Interview Attire, Fantastic Fashions Under \$25, Semi-Formal to Formal, and Special Interest).
- **Promote Texas Fibers:** The district will send one (1) contestant.
- **Upcycle Your Style:** The district will send one (1) contestant.  
(Maximum of 10 senior participants will qualify for State Roundup.)

### FASHION SHOW CATEGORIES:

Agents should assist 4-H members in placing entries in appropriate categories.

| BUYING  | CONSTRUCTION  |
|---|---|
| <ul style="list-style-type: none"> <li>• Garments will be purchased</li> <li>• <i>All age divisions:</i> All garments worn (garments that are visible – i.e. blouse under jacket or vest) during the interview must be included in the buying worksheet.</li> <li>• <i>Seniors only:</i> In Buying, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.</li> </ul> | <ul style="list-style-type: none"> <li>• Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased.</li> <li>• <i>Juniors/Intermediates only:</i> May construct one visible item of clothing. For example, the 4-H member may construct a skirt, but purchase a blouse to complement the skirt. The blouse would not be considered during the judging process.</li> <li>• <i>Seniors only:</i> All garments worn (garments that are visible – i.e. blouse under jacket or vest) during the interview must be constructed. Close-fitting leg wear, tights, and pantyhose do not need to be constructed.</li> <li>• <i>Seniors only:</i> In Construction, the first-place winners at the Texas 4-H Fashion Show may enter the same category in which they have previously been awarded a first-place entry at the Texas 4-H Fashion Show.</li> </ul> |

**JUNIOR/INTERMEDIATE BUYING CATEGORIES**

|   |  |
|---|--|
| <p><b>Everyday Living</b></p>               | <p>Includes casual sportswear, weekend-wear, sleepwear, clothing for school, casual after-school events, or hanging out with friends.</p>  |
| <p><b>Fantastic Fashions under \$25</b></p> | <p>This category is designed to expand the 4-H member’s shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail businesses. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories. Do not need to account for sales tax.</p> |
| <p><b>Dressy to Semi-Formal</b></p>         | <p>Garments worn to dressy activities such as church, banquets, luncheons and 4-H interviews. Examples are children’s suits and dressy dresses.<br/>                 Original material must be fabric and not from recycled items.</p>   |
| <p><b>Special Interest</b></p>              | <p>Limited to special purpose garments. Examples are band, pep squad and cheerleader uniforms; sleep wear; theatrical and circus-type costumes such as clown suits and ballet costumes; equestrian clothing and riding apparel; hiking clothing; or rock-climbing clothing. Garments in this category should not be suitable for ordinary activities.</p>  |

## SENIOR BUYING CATEGORIES

|   |  |
|---|--|
| <p><b>Business/Interview Attire</b></p>     | <p>This category features outfits appropriate for job interviews, scholarship interviews, job fairs, or other professional settings.</p> <ol style="list-style-type: none"> <li>1. <b>Professional</b> — A polished, conservative look such as a business suit, blazer with dress slacks or skirt, or a coordinated pantsuit.</li> <li>2. <b>Business Casual</b> – A more relaxed yet neat and professional style, including collared shirts, sweaters, khakis or slacks, modest dresses or skirts, and clean dress or casual shoes</li> </ol>   |
| <p><b>Fantastic Fashions under \$25</b></p> | <p>This category is designed to expand the 4-H member's shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail businesses. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories. Do not need to account for sales tax.</p>   |
| <p><b>Semi-Formal to Formal</b></p>         | <p>Garments in this category are designed for semi-formal or formal occasions and must be constructed from appropriate fabrics for such events.</p> <p><b>Semi-Formal</b> attire is stylish and polished, but less formal than black-tie.</p> <ul style="list-style-type: none"> <li>• Women: midi or maxi dresses, wrap dresses, cocktail dresses, pantsuits, or jumpsuits.</li> <li>• Men: slacks with a blazer, two-piece suit (with or without a tie), and accessories like pocket squares or dress watches.</li> </ul> <p><b>Formal</b> attire is suitable for events such as prom, evening weddings, or gala parties.</p> <ul style="list-style-type: none"> <li>• Women: floor-length gowns, knee-length cocktail dresses, or a classic little black dress.</li> <li>• Men: two- or three-piece suit or tuxedo with a shirt and tie.</li> </ul> |
| <p><b>Special Interest</b></p>              | <p>This category highlights outfits that support a participant's specific hobby, sport, or lifestyle needs such as equestrian gear, dancewear, hiking apparel, or rock-climbing clothing. Entries should demonstrate the ability to make smart purchasing decisions for specialized clothing that must be functional, durable, and appropriate for the activity.</p>   |

If ties occur in **Buying**, the ties will be broken using partial scores in the following order.

1. Consumer buying skills
2. Interview
3. Knowledge of fiber and fabric characteristics
4. Paperwork

**JUNIOR/INTERMEDIATE CONSTRUCTION CATEGORIES**

|                              |   |
|------------------------------|---|
| <b>Everyday Living</b>       | Includes casual sportswear, weekend-wear, sleepwear, clothing for school, casual after-school events, or hanging out with friends.  |
| <b>ReFashion</b>             | The result of modifying existing clothing or fabric items (such as tablecloth or curtain) into something more fashionable. The main purpose of ReFashion is creativity, as well as sewing skills. The member designs and sews a wearable garment from previously used garments or fabric item. The completed garment is different from its original use, not just an alteration.<br>(Examples: neck ties sewn together to form a skirt or taking old T-shirts and making them into a skirt) |
| <b>Dressy to Semi-Formal</b> | Garments worn to dressy activities such as church, banquets, luncheons and 4-H interviews. Examples are children's suits and dressy dresses.<br>Original material must be fabric and not from recycled items.   |
| <b>Special Interest</b>      | Limited to special purpose garments. Examples are band, pep squad and cheerleader uniforms; sleep wear; theatrical and circus-type costumes such as clown suits and ballet costumes; equestrian clothing and riding apparel; hiking clothing; or rock-climbing clothing. Garments in this category should not be suitable for ordinary activities.  |

| <b>SENIOR CONSTRUCTION CATEGORIES</b> |  |
|---------------------------------------|--|
| <b>Everyday Living</b>                | This category features garments designed for daily activities and relaxed settings. Whether it's casual sportswear, weekend outfits, sleepwear, or clothes for school and social hangouts, participants create practical, comfortable, and stylish looks suited for everyday life. The focus is on functionality, quality construction, and appropriate fabric choices that reflect the wearer's lifestyle and personality.  |
| <b>ReFashion</b>                      | This category is an eco-friendly category where participants upcycle old or damaged textiles into entirely new garments. Using creativity and sewing skills, youth transform items like curtains or t-shirts into fresh, fashionable pieces—beyond simple alterations—to keep materials out of landfills.  |
| <b>Semi-Formal to Formal</b>          | <p>Garments in this category are designed for semi-formal or formal occasions and must be constructed from appropriate fabrics for such events.</p> <p><b>Semi-Formal</b> attire is stylish and polished, but less formal than black-tie.</p> <ul style="list-style-type: none"> <li>• Women: midi or maxi dresses, wrap dresses, cocktail dresses, pantsuits, or jumpsuits.</li> <li>• Men: slacks with a blazer, two-piece suit (with or without a tie), and accessories like pocket squares or dress watches.</li> </ul> <p><b>Formal</b> attire is suitable for events such as prom, evening weddings, or gala parties.</p> <ul style="list-style-type: none"> <li>• Women: floor-length gowns, knee-length cocktail dresses, or a classic little black dress.</li> <li>• Men: two- or three-piece suit or tuxedo with a shirt and tie.</li> </ul> |
| <b>Theatre/Costume</b>                | This category showcases garments created for stage productions, cosplay, or themed events. Costumes may be fully constructed from fabric or creatively built on existing clothing. Designs often feature imaginative concepts, innovative materials, and bold details with a balance between theatrical flair and wearability.   |

If ties should occur in **Construction**, the ties will be broken using partial scores in the following order.

1. Construction skills
2. Interview
3. Knowledge of fiber and fabric characteristics
4. Paperwork



# Upcycle Your Style



1. A majority of the outfit should be upcycled (for example, a pair of denim jacket and jeans with embroidery work paired with a non-upcycled shirt, a tie-dyed dress with a vest or a hand painted jacket with a sweater.). The focal point of the outfit should be the upcycled item.
2. Garment may be new or used, purchased from a store, resale shop, or already owned.
3. Alterations should focus on decorative or creative enhancements rather than major structural reconstruction.
4. In Upcycle Your Style, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.

## CATEGORY DESCRIPTION

|                           |   |
|---------------------------|---|
| <p>Upcycle Your Style</p> | <p>4-H members will take a new or used garment and enhance it through creative decoration or embellishment to provide additional value and personal flair. The purpose of this category is to encourage youth to practice sustainable fashion habits by giving new life to clothing through thoughtful design choices.</p> <p>Participants may add trims, appliqués, patches, paint, embroidery, dye techniques, or other decorative details to upgrade and personalize a garment. The finished product should reflect the participant’s creativity, style, and decision-making skills, while demonstrating how small changes can transform and extend the life of a clothing item.</p> |
|---------------------------|---|

## NECESSARY FORMS

The 2026 Texas 4-H Fashion Upcycle Your Style Entry Form is required for participants in the 2026 Texas 4-H Fashion Show.

## UPCYCLE YOUR STYLE

### JUDGING CRITERIA

Fashion Show Upcycle Your Style judging is based on the 2026 Fashion Show Upcycle Your Style Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork, presentation, and interviews.

Participants will provide a presentation up to 5 minutes in length. Each category will be judged separately.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Creativity
2. Quality of Design
3. Interview
4. Knowledge of Fiber & Fabric

**NEW** **Texas Natural Fibers**

1. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be included in the Texas Natural Fiber worksheet.
2. Garments may be constructed by the participant or purchased, provided they prominently feature one or more Texas-grown fibers.
3. Fiber content may include cotton, wool, mohair, or blended fabrics containing these materials.
4. Participants must be able to identify the fiber content and explain its Texas connection during the judging interview.
5. In Texas Natural Fiber, first place winners may enter the same category in which they have previously been awarded a first- place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.

|                                   |  |
|-----------------------------------|--|
| <p><b>Texas Natural Fiber</b></p> | <p>The Texas Fiber category is designed to promote awareness and appreciation of Texas-grown natural fibers such as cotton, wool, and mohair. Participants will showcase garments that celebrate the state’s fiber industry, highlighting the importance of local agriculture in the fashion and textile industries.</p> <p>Texas leads the nation in <b>cotton production</b> and is a significant producer of <b>wool and mohair</b>. This category educates youth about the state’s agricultural economy and encourages mindful consumerism and fiber advocacy through fashion.</p> |
| <p><b>Cotton</b></p>              | <p>Each garment entered must contain a minimum of 60% cotton.</p>  |
| <p><b>Wool/Mohair</b></p>         | <p>Each garment entered must contain a minimum of:</p> <ul style="list-style-type: none"> <li>• 60% wool and 40% other fiber.</li> <li>• 60% mohair and 40% other fiber.</li> <li>• 60% blend of the two fibers and 40% other fiber.</li> <li>• 100% wool/mohair blend is also acceptable.</li> </ul>  |

**NECESSARY FORMS**

The 2026 Texas 4-H Texas natural Fiber Entry Form is required for participants in the 2026 Texas 4-H Fashion Show.

**JUDGING CRITERIA**

Fashion Show Texas Natural Fiber judging is based on the 2026 Fashion Show Texas Natural Fiber score sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork, presentation, and interviews.

Participants will provide a presentation up to 5 minutes in length. Each category will be judged separately.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Knowledge of Fiber and Uses
2. Promotion of Natural Fiber
3. Interview
4. Project activities

## D3 4-H FASHION & INTERIOR DESIGN EVENTS



### 1) FASHION SHOW JUDGING PROCESS:

#### a) All Age Divisions:

- **Judges:** Contestants will be judged by a panel of no less than two judges.
- **Age Divisions, Divisions, & Categories:** Each age division and category will be judged separately.  
**Paperwork:** 4-H contestants will need to bring 2 printed paper copies of their paperwork for the judges to review during the interview portion of the competition. **Construction categories for Jr & Int. require NO paperwork.**
- **Judging:**
  - **Intermediates & Seniors:**
    - Each contestant will start by introducing themselves and modeling their garment for the judges.
    - Participants will then provide a **5-minute presentation** to the judges.
    - During the presentation, participants will need to describe their project activities, outfit selection, and their knowledge of fiber and fabrics.
    - Judges will then have **four (4) minutes** to ask questions of the contestant.
    - Following this time, the contestant will leave the judging room, and the judges will have an additional **four (4) minutes** to score the contestant and write comments.
  - **Juniors:**
    - They can choose to provide a 5-minute presentation like **Intermediates & Seniors (see above)**
    - Or each contestant can start by introducing themselves, modeling their garment for the judges, and then wait for judges to begin interview questions.
      - During the interview, judges will follow the scorecard.
      - The interview will last no longer than **5 minutes**.
      - Following this time, the contestant will leave the judging room, and the judges will have an **additional four (4) minutes** to score the contestant and write comments.
- **Questions:** Judges may *only ask questions from the list of “Possible Interview Questions* for the appropriate division. Questions are included in this packet. *Judges may ask follow-up questions as needed based upon interview responses.*
- **Garment:** Contestants will wear their Fashion Show garments in front of the judges.
- **Judge’s Decisions:** All judges’ decisions are final after the awards presentation is made.
- **Parents:** No parents will be allowed in the judging area. Parents will be allowed to wait in the auditorium only.

### 2) PAPERWORK REQUIREMENTS:

4-H contestants will need to bring 2 printed paper copies of their paperwork for the judges to review during the interview portion of the competition. **Construction categories for Jr & Int. require NO paperwork.**

- **COMMENTARIES: All commentaries will be entered in 4-H Online, during the registration process. \*\*\*Commentaries are limited to three sentences and may be edited as needed. \*\*\***

### 3) JUDGING CRITERIA: Judging is based on the appropriate score sheet and will evaluate contestants based on their paperwork and presentation.

## D3 4-H FASHION & INTERIOR DESIGN EVENTS

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- a) If a contestant does not bring the required paperwork to the contest or does not follow all appropriate guidelines, a five (5) point deduction will be taken from the final score.
- β) **Ties:** See page 6 for **Buying**, page 8 for **Construction**, page 9 for **Upcycle Your Style**, and page 10 for **Texas Natural Fibers**.
- 4) **GARMENTS:** All garments/ensembles to be judged must have been purchased (renting a garment is not permitted) or constructed during participation in a 4-H fashion and interior design project during the **current 4-H year**.

*Juniors/Intermediates Construction Only:* May construct one visible item of clothing. For example, the 4-H members may construct a skirt, but purchase a blouse to complement the skirt. The blouse would not be considered during the judging process.

- 5) **AWARDS:** The top contestants in each category will be recognized during the Fashion Show awards program.
- 6) **MODELING:** One award will be given to the best model during the Fashion Show for each age division: Junior, Intermediate, and Senior. This award will be given to a 4-H member based on poise and modeling skills onstage. Please be sure to fill out the commentary form so you can be properly announced as you walk across the stage.

**Senior Fashion Show Materials:**

**Construction: [Entry Form](#) | [Score Sheet](#) | [Interview Questions](#)**

[FS-Construction-Entry Form](#)

[FS-Construction-Score Sheet](#)

[FS-Construction-Interview Question](#)

**Buying: [Entry Form](#) | [Score Sheet](#) | [Interview Questions](#)**

[FS-Buying-Entry Form](#)

[2026 Fashion Show: Buying Score Sheet](#)

[FS-Buying-Interview Question](#)

**Upcycle Your Style: [Entry Form](#) | [Score Sheet](#) | [Interview Questions](#)**

[FS-Upcycle Your Style -Entry Form](#)

[2026 Fashion Show: Upcycle Your Style Score Sheet](#)

[2026 Fashion Show: Upcycle Your Style Interview Question](#)

**Texas Natural Fiber: [Entry Form](#) | [Score Sheet](#) | [Interview Questions](#)**

[FS-Natural Fiber -Entry Form](#)

[FS-Natural Fiber -Score Sheet](#)

[FS-Natural Fiber -Interview Question](#)

## Junior & Intermediate Fashion Show Materials:

**Construction: Entry Form** (Construction categories for Jr & Int. require NO paperwork.)  
**Score Sheet | Interview Questions**

<https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:3497f72a-5d33-430e-8469-119fcb2c20bb>

<https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:055a4266-46a2-42b8-ae0f-38cbe57b07bd>

**Buying: Entry Form | Score Sheet | Interview Questions**

<https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:f9499cdc-0307-43d7-9d79-80939a13124a> (Entry Form)

<https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:7a8eed59-4473-45cb-a6f8-779d52d802fe>

<https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:19f0bef2-1282-473f-bb22-fc7cdd3b2bdd>

**Upcycle Your Style: Entry Form | Score Sheet | Interview Questions**

[FS-Upcycle Your Style -Entry Form](#)

[2026 Fashion Show: Upcycle Your Style Score Sheet](#)

[2026 Fashion Show: Upcycle Your Style Interview Question](#)

**Texas Natural Fiber: Entry Form | Score Sheet | Interview Questions**

[FS-Natural Fiber -Entry Form](#)

[FS-Natural Fiber -Score Sheet](#)

[FS-Natural Fiber -Interview Question](#)