

# Cooking with Cultures

TEXAS A&M  
AGRILIFE  
EXTENSION



## INDIA

## FEBRUARY 19, 2026

## 5:00 - 7:30 pm

Register Online:

[MCC Continuing Ed. Courses](#)

Registration Fee: \$35

For Questions Contact:

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**This course aims to educate participants, foster curiosity and promotes health awareness through the exploration of traditional Indian foods.**

**Participants will discover the richness of Indian cuisine while learning how cultural dishes can support a healthy lifestyle. Join us as we celebrate diverse flavors and their role in enhancing overall well-being.**

