



DISTRICT 10
SPRING ROUNDUP

DUDS to DAZZLE

April 23, 2026

Fredericksburg, TX

Duds to Dazzle

DATE: Thursday, April 23, 2026

LOCATION: Gillespie Extension Office ([38 Business Ct, Fredericksburg, TX 78624](#))

SCHEDULE

8:15-8:45 a.m.	Contestant Check-in Opens/Box Checks
9:00 a.m.	Contest Orientation Begins
9:20 a.m.	Duds to Dazzle TEAM Contest Begins
10:30 a.m.	Duds to Dazzle SOLO Contest Begins
	Awards (<i>immediately following contest and tabulation</i>)

ABOUT THIS CONTEST

During **Duds to Dazzle**, teams of 3 to 4 participants OR solo participants will receive textiles and each team has 60 minutes to create a new product using items from the supply closet. Each team/solo provides their own supply kit (Supply kit list found in this Duds to Dazzle guide). The teams/solo will then present their item to a team of judges. You may be asked about how the clothing & textile industry impacts the environment, specifically the waste stream.

CONTEST TYPE

Qualifying:

1. Counties may send (2) two County Duds to Dazzle teams, per age division. Max 6 teams.
2. District top 3 Senior Teams will advance to State.
 - a. Seniors must compete at District to qualify for State.
3. Counties may send 2 solo entries in the Senior Division ONLY.

CONTEST STRUCTURE

Team OR Solo Event

1. Teams may consist of 3-4 youth in the same age division.
 - Exception: Juniors may move up to compete with an intermediate team, but intermediates or seniors may not move up or down to a different age division.
2. Teams must be declared in advance by the County agent on 4HOnline.
 - A substitution may be made if a participant cannot attend or is deemed ineligible. Substitutions may only be made with County & District level approval.
3. Solo contestants must be Senior Age Division youth (9th – 12th grade) and cannot currently belong on a competing Duds to Dazzle team. Only 2 solo entries per County are allowed.

CONTEST RULES

- **General Rules:** The District 10 Duds to Dazzle Contest will follow the State 4-H Duds to Dazzle rules of play. Please pay special attention to modifications in this document for Junior & Intermediate age divisions. Click links below for PDF documents:
 - [2025-2026 Texas 4-H Duds to Dazzle State TEAM Rules & Guidelines](#)
 - [2025-2026 Texas 4-H Duds to Dazzle State SOLO Rules & Guidelines](#)
 - Additional Resources: <https://texas4-h.tamu.edu/projects/fashion-interior-design/>
- **Design Categories:** There are three categories per age division: Wearable, Accessory/Jewelry, and Non-Wearable. Teams/Solo Competitors will be randomly assigned to a category; those assignments will not be announced until the contest.
 - **Wearable** is clothing that is suitable to be worn by people or pets. Ex: shirt, coat, vest, dress, costume, leggings, swimsuit cover, etc.
 - **Accessory/Jewelry** is an article or set of articles that can be added to an outfit to make it more useful, versatile, or attractive. Ex: apron, earrings, purse, scarf, headband, hat, belt, necklace, etc.
 - **Non-wearable** is an item that is not suitable to be worn. Ex: pillow, towel, jewelry pouch, cellphone or iPad case, stuffed animal, doll clothes, Christmas stocking, etc.
- **Resource Materials** (provided at contest): A [Planning and Presentation Worksheet](#) will be provided for each team at the contest. Solo Contestants will be provided a simplified [Planning and Presentation Worksheet](#). No other resource materials will be allowed. The following resources are available for teams to use *in preparation* for competition:
 - [Unraveling the Mystery of Design Elements and Principles in Clothing](#)
 - [Laundry on Your Own](#)
 - [Hand Stitching](#)
 - [Pricing Tips and Tricks](#)
 - [Safety Guide](#)
 - [Simple Seaming Techniques](#)
 - [How Does Fast Fashion Affect the Environment?](#)
 - [Duds to Dazzle Explore Guide](#)
 - [Duds to Dazzle YouTube Instructional Video Playlist](#)
- **Sewing Supply Kit Guidelines:** Each team must supply their own equipment for the competition. Teams may bring only the supplies listed in the Sewing Supply kit list. Sewing Supply kits will be checked by contest officials as team's check-in for the contest. Extra equipment will be confiscated, and the team may be disqualified if caught using equipment not on their supply list. Please see supply lists below and pay close attention to what your team is allowed to bring:
 - i. [Junior Sewing Supply Kit List](#)
 - ii. [Intermediate Sewing Supply Kit List](#)
 - iii. [Senior Sewing Supply Kit List](#)
 - iv. [SOLO Sewing Supply Kit List](#) (*SENIOR SOLO COMPETITORS ONLY*)
- **Awards Program** – The District Office would like to recruit INTERMEDIATE & SENIOR Age Division 4-H'ers to assist with awards program. Speaking roles and set-up roles are available – **Sign up to the District Office via Google Doc by April 3, 2026.** Click [HERE](#) for Google Form

DUDS TO DAZZLE RULES OF PLAY

1. **Arrival:** Teams and Solo Competitors will report to the Gillespie County Extension office between 8:15-8:45 a.m. for check-in. A single Team/Solo Orientation will be provided for all participants promptly at 9:00 a.m. Contest will begin at 9:20 a.m.
2. **Spectators:** No parents, coaches or other spectators will be allowed in the contest area after orientation is concluded. Only participants and contest officials will be allowed in contest areas.
3. **Good Sportsmanship:** 4-H Members, coaches and parents are expected to exhibit good sportsmanship before, during and after the contest. Good sportsmanship entails civility and respect toward teammates, other teams, and contest officials/property. Behaviors that go against good sportsmanlike conduct will result in a warning or potential disqualification depending on the severity of the infraction.
4. **Restricted Items:** No electronic devices or jewelry (except for medically required) is allowed in the contest. This includes cell phones, smart watches, or other communication devices.
5. **Contest provided items:** Each team/solo competitor will be directed to a construction station. Teams/solo competitors will be assigned a Design Category at the contest: Wearable, Accessory/Jewelry, or Non-wearable. Each team/solo competitor will be provided with a startup textile item(s) for their assigned category and will create a garment/item using them. No patterns are provided. Teams/solo competitors in the same category will be provided with the same textile. Different categories may receive a different textile item. A textile, worksheet, and any necessary additional instructions will be located at each station to assist the team.
6. **Time Limit:** Each team/solo competitor will have 60 minutes to construct an item, plan a presentation, and clean up the construction area.
7. **Equipment Malfunction:** Teams/solo competitors that experience any equipment malfunction(s) may not replace the equipment with supplies from another team/solo competitor, volunteers, County Extension Agents, or contest officials. Instead, participants must work together and/or be creative in completing construction without the malfunctioning equipment.
8. **Construction Time:** Teams/solo competitors are challenged with being creative in developing an original product with the materials provided.
 - a. **Participants must incorporate their provided textile into the final product.** However, teams/solo competitors may determine the exact amount of each material to use, keeping in mind that a minimum of 50% of the visible final product must include the initial material(s). Clarification: if the category is Accessory/Jewelry, and participants are provided with a shower curtain to be refurbished, they do not have to use 50% of the shower curtain; however, a minimum of 50% of the visible finished product must be comprised of the curtain. The lining of an item that can be opened is considered visible. If the shower curtain is used as stabilizer between layers of fabric that would not be visible.
 - b. **Participants will have access to a “closet” of additional materials that may be incorporated into their products.** Participants must use at least 2 items from the closet. The max number of additional materials a team may get will be determined by contest officials and announced during participant orientation.
 - c. **The sketch book, note cards, and worksheet may be used to prepare for construction of the item and the presentation.** Teams/solo competitors should be exact on materials utilized, construction steps, techniques used, etc.

DUDS TO DAZZLE RULES OF PLAY (CONTINUED)

9. **Clean-Up:** Teams/solo competitors must clean their construction areas. Clean-up time is included in the 60-minute construction allotment. Only “hot” items will be allowed to remain in the construction area, such as an iron or glue gun.
10. **Presentation:** When time is called, each team/solo competitor will present their item, according to the criteria on the scorecard ([TEAM Scorecard](#) / [SOLO Scorecard](#)), to a panel of 2-3 judges. The preparation phase accounts for 45% of points and the presentation accounts for 55% of points. There is more emphasis on quality and overall appearance of the final product. A team/solo competitor can display the final product to the judges as they choose: model, hold, or place on the table.
 - a. All team members must participate in the presentation, with at least three of them having a speaking role.
 - b. Judging time will include:
 - i. 5 minutes for the presentation
 - ii. 3 minutes for judges’ questions
 - iii. 4 minutes between team presentations for judges to score and write comments
 - c. Teams/solo competitors are allowed the use of note cards during the presentation but should not read from them, as this minimizes the effectiveness of their communication.
 - d. Judges may ask questions that are not directly related to the item constructed during the contest. Questions may address the general knowledge gained through the 4-H members’ Fashion & Interior Design project learning experiences.
 - e. No talking or writing is allowed among any members while waiting to give the presentation. Members caught talking and/or writing will receive a warning. The second time, the team/solo competitor will be disqualified and asked to leave the contest facility. Members should not have pens or pencils in their possession while waiting to give their presentation.
11. **Final Rankings & Awards:** All contestants will be ranked by a panel of judges. The judges final ranking will determine the final placings for this contest. Judges’ ranks will be final. An awards program will be held after the judging process. The top 1st – 3rd placing teams per each category will be awarded. The top 1-3rd placing solo competitors per category will be awarded.